



A Guide to Energy Weaving

Welcome to the world of Energy Weaving!

Energy Weaving is my term for the work I do with energy.

I have been an energy worker since 2004. Channeling energy has been a part of all of the work I've shared in the past 20 years, and the word 'weaving' captures the heart of how I see it - that with everything we do, we are weaving energy: we are weaving a tapestry, so to speak, of our lives, with the energy of our thoughts, our speech, our actions - and our overall orientation.

I have realised that in order to be happy, you have to be weaving in a way that generates happiness.

In other words - if you are weaving in a way that doesn't generate happiness - it doesn't matter if you are 'achieving your goals' or 'getting what you want'. The HOW of your goals and your desires matter, in the moment, every moment, in the real terms of living your satisfaction and joy.

In fact, concrete goals tend to matter a lot less when you are in the flow of your own enchantment.

Satisfaction, ease of being, resonance, joy - these things are not a function of particular circumstances of life, in my opinion. They are a function of your own being - your energy itself.

When you are doing, saying, and thinking in ways that reveal this intrinsic nature - you can experience that nature and all of its beneficial qualities.

You could say that Energy Weaving will get you living in 'higher vibrations'.

The whole point of living in 'higher vibrations' is not to get away from 'lower vibrations'. The point is to vibrate high enough that you can see what you are weaving, and make choices that allow you to weave the tapestry in the most auspicious & satisfying manner possible.

This is the aim of Energy Weaving:

that you may weave well, my friend. And vastly deepen your enjoyment of life as a result.

Consultations:

I am available for consultations to see if this work is a good fit for this moment of your life. These consults are ten minutes long and are booked via [the contact form on my website](#). Be sure to suggest a couple of times that you are free to take a call.

Sessions:

In an Energy Weaving session, you get:

- *An invocation to transition you into a more powerful field of energetic possibility
- *Space to talk about what's on your mind and heart and clarify what's going on
- *Response from me in terms of locating the issue/energy to be worked with
- *A guided flow of healing energy: together we create an energy working for your transformation/restoration, and your highest timeline reality
- *Closing invocation of gratitude, celebrating you and your existence
- *An 'energy prescription' for your After Care

After our session, you get a personal, handwritten note from me detailing what steps to take for after care, and how to integrate and deepen the work into your daily life. This might be very simple, like taking a certain kind of bath after the session. It could involve crafting a ritual that you perform on your own, or chanting a certain mantra or incantation daily for a specified period of time. This could also be a key word or phrase that you take from the session to sit with or to say to yourself at key moments. You are also welcome to voice note me on whatsapp to ask any questions after the session, I can clarify and respond.

Regularity of sessions:

Varies according to what's going on in your life and what you want to work on. We'll discuss it at the end of our first session.

Rates:

I have a three tiered rate system.

£266 - This rate is for folks who earn or receive enough money to afford property, to spend money on desired items regularly, who are in the position to save amply or will receive/have received an inheritance.

£133 - This is for folks who earn enough money to afford desired items from time to time, who either are renting or own a substantially mortgaged property.

£33 - This is for folks who do not own property, only occasionally purchase desired items, and generally struggle to make ends meet financially.

Booking Sessions:

You can book sessions during my office hours [HERE](#).

I have office hours on Mondays between 10 am and 4 pm UK time.

Wednesdays from 5 pm to 7 pm UK time.

Sessions are 60 minutes, and are held on Zoom.

If you wish for an in-person session, or a session outside of office hours, reach out via [my contact page](#).

Terms and Conditions:

Please read them [HERE](#).

Note the 24 hour cancellation policy for sessions.

Thanks for downloading A Guide to Energy Weaving!

Do reach out if you have any further questions.

Blessings of Love

x x Leila x x